



## **AFDA Coach Program -Accreditation Requirements**

### **Accreditation Requirements**

- 1) **No experience or pre-requisites** apply for entry to the course.
- 2) Candidates must be **15 years old** to become accredited.
- 3) Candidates must hold the **ASC Community Coaching General Principles** accreditation.
- 4) Candidates must hold the **WFDF Rules Accreditation – Standard** qualification.
- 5) Complete the **AFDA Coach’s Code of Ethics Agreement**.
- 6) Complete the **AFDA Member Protection Declaration**.
- 7) Candidates must **prove competency in the practical skills** taught in the course.



## **Entry pre-requisites**

No experience or pre-requisites apply to the AFDA Coach program. The minimum age to gain accreditation is 15 years, although the program can be started prior to turning 15.

## **Community Coaching General Principles Component**

With this entry level program the AFDA aims to maximise access and to recognise current competency (RCC) as much as possible. With this in mind the Coach Program will be structured as a one-day program. A co-requisite for this program will be demonstrated competency against:

- Community Coaching General Principles curriculum

In regard to the Community Coaching General Principles element of the Coach program the following will be considered to meet the co-requisite requirements by the AFDA:

|  |  |
|--|--|
| Community Coaching General Principles - online version | Offered online by the Australian Sports Commission (ASC)<br><a href="http://Learning.ausport.gov.au">Learning.ausport.gov.au</a> |
| Qualification and registration as a teacher            | Proof of qualification and current registration is required  |

Candidates must complete the Community Coaching General Principles unless they hold a current:

- AFDA Coach Accreditation
- Teacher Registration
- Community Coaching General Principles (completed within the past four years from the date of the course commencing)



## **WFDF Standard Rules Accreditation Component**

Ultimate is self-refereed sport requiring players and coaches to have a strong understanding of the rules of play. This co-requisite component of assessment is designed to assess candidate’s knowledge of the rules. The candidate must complete their WFDF Standard Rules Accreditation prior to the course. The candidate’s accreditation must be current at the time of the face to face course and the certificate of completion must be provided to the assessor.

Candidate’s may also supply WFDF Advanced Rules Accreditation certificate instead of WFDF Standard Rules Accreditation as this is a higher qualification.

A co-requisite for this program will be demonstrated competency against:

- WFDF Standard Rules Accreditation

In regard to the WFDF Standard Rules Accreditation element of the Coach program either of the following will be considered to meet the co-requisite requirements by the AFDA:

|   |  |
|---|--|
| WFDF Standard Rules Accreditation - Certificate | Offered online by the World Flying Disc Federation (WFDF)<br><a href="https://rules.wfdf.org/accreditation">https://rules.wfdf.org/accreditation</a> |
| WFDF Advanced Rules Accreditation - Certificate | Offered online by the World Flying Disc Federation (WFDF)<br><a href="https://rules.wfdf.org/accreditation">https://rules.wfdf.org/accreditation</a> |

## **Coach’s Code of Behaviour**

To achieve accreditation as an AFDA Coach, coaches must supply to the assessor:

- a signed copy of the AFDA Coaches Code of Ethics agreement
- a signed copy of the AFDA Member Protection Declaration form

As part of your AFDA Coach accreditation, you are not required to obtain a Working With Children Check. However, if you are intending to work with children you will be required to obtain a Working With Children Check card (or equivalent) that complies with your state’s regulations. AFDA will not need to be supplied with a copy of this WWCC card.



## ***Updating Policy***

In order to update and retain their status as an Ultimate Coach, candidates must in a four-year period:

- complete the next level of qualification  
or
- re-do the current level of qualification  
or
- complete 30 hours of updating activities:

Candidates must accumulate their 30 hours through the following;

- Practical coaching
  - 15-30 (or more) hours. Minimum 15 hours.
- Coach education
  - 0-15 (or more) hours. No minimum hours.

The AFDA Coaches' Updating Policy is available through the AFDA website at the URL Listed in Appendix B.

As per the Updating Policy an approved representative must complete the AFDA Coach Program – Updating Form on behalf of the coach.

The Updating Form is available here:

[https://docs.google.com/forms/d/e/1FAIpQLSevOQ1dVR1VosK-IBp1jtUvn3Oj860VrmPclVuVRQw9G5l-3A/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSevOQ1dVR1VosK-IBp1jtUvn3Oj860VrmPclVuVRQw9G5l-3A/viewform?usp=sf_link)

Coaches will be notified within two weeks of their updating outcome upon receipt of:

- Completed Updating Form
- Relevant certificates and forms outlined in the Updating Policy
- Payment of Updating fee to AFDA



## ***Recognition of Prior Learning/Current Competence***

There will be no honorary accreditation. All coaches must satisfy the competencies of each level of accreditation. However, some practicing coaches may be able to satisfy all or most of the competencies required for accreditation without having to attend a formal course.

Candidates may apply for exemption from all or sections of the course. Such people will be required to complete a Recognition of Prior Learning (RPL) application and provide suitable documentation to support their application. This should be provided to the AFDA CEO. These will then be considered according to the AFDA Recognition of prior learning policy, which is attached in Appendix B.

The candidate may be required to prove their expertise in an area by written or practical demonstration.



## ***Competency Statements***

An AFDA Coach has the following competencies:

### ***Community Coaching competencies***

- Explain the roles and ethical responsibilities of the coach.
- Develop strategies to work with parents, officials and sports administrators.
- Plan and review coaching sessions for beginner level athletes.
- Assess and manage the risks of coaching.
- Safely conduct a training session, ensuring fun and maximum participation through games and activities.
- Utilise a range of communication, teaching and behaviour management strategies to help athletes learn basic skills and tactics.
- Cater for the physical and social development of athletes.

### ***Sports specific competencies***

- Introduce Ultimate and explain the simple rules of the game to a beginner group.
- Understand the rules of Ultimate sufficiently to be able to adjudicate a game with a beginner group.
- Start disc games with a beginner group (including Ultimate, Schtick, Indoor Ultimate and Disc Golf)
- Instruct and correct basic disc throwing (Forehand and Backhand) technique to a beginner group
- Understand basic match (player-on-player) offence tactics
- Understand basic match (player-on-player) defence skills and tactics



## ***Assessment***

Overview of assessment tasks including how and when assessment will occur and conditions of assessment:

In course practical: This assessment is designed to assess the candidate's practical ability to teach throwing and to test their understanding of basic offence and defence concepts. This assessment is completed during the course. Candidates will have to demonstrate a practical ability to:

- teach disc throwing and catching skills. This will include analysing throwing technique and providing instruction to improve throwing technique.
- Self-referee in both Ultimate and Schtick.
- Understand basic offence and defence concepts.

The candidate must be rated competent on all aspects of the assessment to pass.

Candidates may re-take the practical assessment post-course (as many times as required) to achieve competency.



## **Assessment Matrix**

| Modules  | In course practical |
|--|---------------------|
| Introduce Ultimate and explain the simple rules of the game to a beginner group.                     | ☺                   |
| Understand the rules of Ultimate sufficiently to be able to adjudicate a game with a beginner group. | ☺                   |
| Start disc games with a beginner group (including Ultimate, Schtick, Indoor Ultimate and Disc Golf)  | ☺                   |
| Instruct and correct basic disc throwing (Forehand and Backhand) technique to a beginner group       | ☺                   |
| Basic Offence concepts   | ☺                   |
| Basic Defence concepts   | ☺                   |

## **Reasonable Adjustments**

The AFDA is committed to provide flexibility in the assessment methods used where requested and appropriate. This includes:

- Using video of the practical coaching event for assessment purposes where necessary (for example, for a coach in a remote area).
- Considering any request from candidates for flexibility, within the framework of ensuring fairness for others and integrity of the assessment process overall.
- Using oral instead of written exams and worksheets where appropriate.

## **Complaints Handling Procedure**

Candidates with grievances about the conduct of their training program or seeking appeals on their assessment process must submit them in writing to the AFDA CEO within 30 days of the completion of the training program or on receiving notification of their assessment outcome.

All grievances and appeals will be considered under the AFDA Appeals Policy. The AFDA Appeals Policy is available on the AFDA website at the URL listed below:

<https://www.afda.com/policies>